

Julee Snyder – yoga, movement and massage therapist

Curriculum Vitae – November 2019

www.juleesnnyderbodywork.com
www.embodimentetudes.com

Education

- DO program, Western University of Health Sciences. 6/2012-4/2013.
- MPH program, University of New England. 6/2011-5/2013.
- Premedical Sciences Post-Baccalaureate, North Carolina State University. 6/2009-12/2011. GPA 3.84.
- BFA Program in Dance, Amsterdam School of the Arts. 8/1997-12/1998.
- Graduate Program in Dance, University of North Carolina at Greensboro. GPA 3.50. 8/1996-5/1997.
- Bachelor of Arts in Anthropology, minor in music, May 2004, University of North Carolina at Greensboro. GPA 3.44. 8/1990-5/1994.

Certification and Licensure

- Certified Advanced Myofascial Techniques, Advanced Trainings, 2019.
- Biodynamic Craniosacral Therapy at StillPoint in NYC, 2016.
- Pilates Teacher Training, Balanced Body at Evolve Movement, 2011.
- National Board of Massage and Bodywork Therapists, 2004.
- State of North Carolina Massage and Bodywork Therapy License #5044, November 2004.
- Somatic Movement Therapist & Body-Mind Centering Practitioner Certification, August 2006, School for Body-Mind Centering. 11/2006-8/2006.
- Yoga Teacher Certification - 300 hour, EmbodiYoga Advanced Teacher Training. May 2006.
- Massage Therapy Certification, August 2004, Body Therapy Institute. 9/2003-8/2004.
- Yoga Teacher Certification - 200 hour, EmbodiYoga Basic Teacher Training. May 2004.
- Somatic Movement Educator Certification, School for Body-Mind Centering, 6/2000-8/2003.

Employment

Therapeutic Positions

- Massage Therapist, Evolve Movement, Raleigh, NC. 2/2016-present.
- Yoga, Movement and Massage Therapist, Julee Snyder Bodywork, Raleigh, NC. 4/2004-1/2016.
- Contract Massage and Yoga Therapist, Duke Integrative Medicine, Durham, NC. 11/2007-12/2008.
- Massage and Movement Therapist, Osteopathic Medical Arts, PC, Chapel Hill, NC. 11/2007-4/2008.
- Massage and Movement Therapist, Hands On Health Medical Massage Therapy, Raleigh, NC. 1/2005-6/2007.

Teaching Positions

Present:

- Embodiment Etudes, Raleigh, NC. January 2017-present
 - Gentle Yoga, Somatics and Social Justice Teacher Trainings – 200 and 300-hour levels
 - Specialty Trainings: Restorative and Gentle
 - Restorative and Therapeutic Workshops
- Ritual Yoga + Apothecary, Raleigh, NC. June 2019-present
 - Weekly Classes
- Republic of Yoga, Cary, NC. March 2014 – present.
 - Restorative Yoga Workshops, Yoga Anatomy in Teacher Trainings.
- Evolve Movement, Raleigh, NC. Yoga and Pilates Faculty. 2011 – present.
 - Weekly Classes, Private and Semi-Private Sessions.

Past:

- Sahaja Space. Durham, NC. 1/2018-12/2019.

- EmbodiYoga Teacher Training program, North Carolina. 9/2005 – 11/2019.
- Kinesthetic Learning Center, Sponsor of Body-Mind Centering Programs in NC. 1/2007- 10/2010, 7/2014-2016.
- Moving Mantra Yoga Studio. Raleigh, NC. 6/2005-10/2014.
 - Hatha, Gentle, Therapeutic, Prenatal, Restorative Yoga, Teacher Training.
- Faculty, Blue Lotus, Raleigh, NC. 8/2008 – 6/2012.
 - Weekly classes, workshops, 200 and 500 hour teacher training programs
 - Gentle, Restorative, Beginner, Vinyasa, Yoga Anatomy.
- Somatics Faculty, Wake Technical Community College Therapeutic Massage Program, Raleigh, NC. 9/2007-8/2009.
- Assistant Faculty, Bonnie Bainbridge Cohen's Embodied Anatomy and Yoga Program, New York, NY. 1/2008-4/2008.
- Faculty, The Yoga Spot, Durham, NC. 6/2004-12/2006.
- Restorative Yoga Workshops, Yoga Bliss, Raleigh. NC. 8/2004-5/2005.
- Somatics Workshops, Peace College, Dance Department, Raleigh, NC. 9/2002-6/2003.
- Somatics Workshops, Meredith College, Dance Department, Raleigh, NC. 9/2001-5/2005.
- Kinesiology & Somatics, Medical Arts Massage School, Raleigh, NC. 9/2000-6/2001.

Administrative Positions

- Director of Yoga, Somatic and Therapeutic Programming, Evolve Movement, Raleigh, NC. 2/2016-present.
- Studio Manager, Blue Lotus Yoga and Movement Arts, Raleigh, NC. 12/2008 – 8/2009.
- Administrative Coordinator, Kinesthetic Learning Center, Sponsor of BMC Programs. Durham, NC. 6/2008-12/2008.
- Contract Arts Administrator: Arts NC, NC Theatre Conference, Contemporary Art Museum, Mallarme Chamber Players. 2001-2005
- Marketing & Publicity Director, Five Chick Posse Productions. Raleigh, NC. 2002-2003.
- Board Chair & Chair-Elect, North Carolina Dance Alliance. Raleigh, NC. 2001 – 2003.
- Assistant Program Director and Director of Finance, Medical Arts Massage School, Raleigh, NC. 4/1999-6/2001.

Professional Societies

- Professional Member, Biodynamic Craniosacral Therapy Association of North America, 2016-present.
- Professional Member, Pilates Method Alliance, 2011-present.
- Friend, International Association of Structural Integration, 2007-present.
- Professional Member, International Yoga Therapists Association, 2007-present.
- Professional Member, International Somatic Movement Educator and Therapist Association, 2006-present.
- Professional Member, Associated Bodywork and Massage Professionals, 2004-present. #892604
- Registered Teacher (E-RYT 500), Yoga Alliance, 2004-present. #24136
- Professional Member, Body-Mind Centering Association, 2000-present.

Continuing Education

Neural Manipulation, NM1	Barral Institute	2019
Visceral Manipulation, VM1-6, VVMU, LT1	Barral Institute	2014-2018
Biodynamic Craniosacral Therapy	Franklyn Sills	2014-2016
Advanced Myofascial Training	Larry Koliha + Bethany Ward	2014-2017
Pilates Deconstructed + Yoga Tune-Up	Tina Altman	2016
BMC and Embryology	Walburga Glatz + Amy Matthews	2014
Pilates On Tour: Functional Assessment for Pilates	Nora St. John	2014
BMC and the Immune System	Walburga Glatz + Amy Matthews	2014
New Frontiers in BMC	Bonnie Bainbridge Cohen	2014
Biodynamic Craniosacral Foundations Training (Module 1-2)	Michael Shea	2011
Advanced Biodynamic Craniosacral	Michael Shea	2009
The Wisdom of the Body: Exploring Somatic Practices	Richard Strozzi-Heckler	2009
Proprioceptive Neuromuscular Facilitation	Glenna Batson	2009

Embryological Foundations of Movement	Bonnie Bainbridge Cohen	2009
Advanced Foundations of Rolf Structural Integration	John Schewe, Jon Martine	2008
Spirit of Learning - Teacher Training for Bodywork Educators	Carey Smith	2007-08
Bodyreading and Postural Assessment	Tom Myers	2007
Nurturing the Mother: Pre- and Perinatal Massage	Claire Marie Miller	2007
Yoga for Pregnancy	Chandra Om	2007
Tom Myers' Anatomy Trains	Carrie Gaynor	2007
Embodied Developmental Movement and Yoga	Bonnie Bainbridge Cohen	2007
Embodying Ethics	Wendy Marsh	2006
Weaving & Tonifying the Core	Bonnie Bainbridge Cohen	2006
Counseling Skills	Karin Spitfire	2005
Developmental Movement and Yoga	Lisa Clark	2005
St John's NMT: Pain Mechanisms of the Low Back	Jim Moeysen	2005
Roots of Movement Patterning	Deanne Juhan	2000
Developmental Movement	Wendell Beavers	1999
The Body's Voice	Marsha Paludan	1996
Developmental Movement & Contact Improvisation	Wendell Beavers	1995

Additional

Julee Snyder is a member of the UNC Embodiment Lab – a collection of scholars from UNC & Duke dedicated to exploring new embodiment-based models for education and research in community and university learning environments.

Contact Information

Address: Julee Snyder, NC LMBT # 5044
800 Newcombe Rd
Raleigh, NC 27610

Telephone: (919) 357-2647

E-mail: jsbodywork@me.com

Website: www.juleesnyderbodywork.com

Blog: www.embodimentetudes.com